

## Module Description: Psychiatric and Mental Health Nursing I

<b>Module name</b>	Course Module
<b>Module level, if applicable</b>	Bachelor of Science in Nursing (BSN)
<b>Code, if applicable</b>	17259R0102
<b>Subtitle, if applicable</b>	-
<b>Course, if applicable</b>	Psychiatric & Mental Health Nursing I
<b>Semester(s) in which the module is taught</b>	IV
<b>Person responsible for the module</b>	Hapsah, S.Kep., Ns., M. Kep.
<b>Lecturer</b>	1. Dr. Ariyanti Saleh, SKp.M.Si. 2. Andriani, S.Kep., Ns., M.Kes. 3. Akbar Harisa, S.Kep.Ns.MN.
<b>Language</b>	Indonesian Language [Bahasa Indonesia]
<b>Relation to Curriculum</b>	This course is a compulsory course and offered in the 4 <sup>th</sup> semester.
<b>Type of teaching, contact hours</b>	Teaching methods used in this course are: <ul style="list-style-type: none"> <li>- Lecture (i.e., case study, FGD, TPS, SBL, and role play)</li> <li>- Structured assignments (i.e., essays, activity in group, presentation, quiz)</li> <li>- Clinical skill lab.</li> </ul> <p>The class size for lecture is approximately 50 students, while for clinical skill lab is about 6 – 7 students for each lecturer.            Contact hours for lecture is 23.33 hours, assignments is 28.00 hours, and private study is 28.00 hours.</p>
<b>Workload</b>	For this course, students are required to meet a minimum of 79.33 hours in one semester, which consist of: <ul style="list-style-type: none"> <li>- 23.33 hours for lecture,</li> <li>- 28.00 hours for structured assignments.</li> <li>- 28.00 hours for private study.</li> </ul>
<b>Credit points</b>	2 credit points (equivalent with 3.17 ECTS)
<b>Requirements according to the examination regulations</b>	Students must have attended minimum 80% classes and submitted all class assignments that are scheduled before the final tests.
<b>Recommended prerequisites</b>	Students must have passed Communication in Nursing subject
<b>Module objectives/intended learning outcomes</b>	After completing the course and given with a psychiatric and mental health case: <b>Knowledge</b> <b>CLO1:</b> Students will be able to explain history, trend, issues and conceptual model of global psychiatric mental health nursing care. <b>(K1)</b> <b>Competence</b> <b>CLO2:</b> Students will be able to analyze psychiatric and mental health case with nursing process approach, ethical and legal principles <b>(C1)</b> .

	<p><b>CLO3</b> :Students will be able to simulate and role play nursing process of healthy mental person based on age development theory (pregnant woman, infant, toddler, pre school, school adolescence, adulthood, middle age, and elderly). (C2)</p> <p><b>Skill</b></p> <p><b>CLO4</b>:Students will be able to deliver and role play nursing care for patients with psychosocial problems (self concept disturb, loss and grieving, anxiety, powerlessness, hopelessness, distress spiritual, ineffective coping (S2)</p>
<b>Content</b>	<p>Students will learn about:</p> <ul style="list-style-type: none"> <li>- Review of psychiatric and mental health nursing concept, nursing care process management for patient with mental disorder and mental illness in clinical and community setting.</li> <li>- Nursing process of mental disorders/psychosocial problems (patient with self concept disturb, loss and grieving, anxiety, powerlessness, hopelessness, distress spiritual, ineffective coping).</li> </ul>
<b>Forms of Assessment</b>	<ul style="list-style-type: none"> <li>- Structured assignments (essays, video, reflective paper): 30%</li> <li>- Keaktifan individu dalam kelompok (10%)</li> <li>- Group presentation: 10%</li> <li>- Clinical skill lab mastery: Simulating &amp; role play of nursing care by therapeutic communication to psychiatric and mental health problems: 20%</li> <li>- Written exam: 30%</li> <li>- Class attendance and participation: prerequisite before written exam</li> </ul>
<b>Study and examination requirements and forms of examination</b>	<p><b>Study and examination requirements:</b></p> <ul style="list-style-type: none"> <li>- Students must attend 15 minutes before the class starts.</li> <li>- Students must switch off all electronic devices.</li> <li>- Students must inform the lecturer if they will not attend the class due to sickness, etc.</li> <li>- Students must submit all class assignments before the deadline.</li> <li>- Students must attend the exam to get final grade.</li> </ul> <p><b>Form of examination:</b></p> <p>Clinical skill lab evaluation : simulation and role play. Written exam: Multiple Choice Questions using Vignettes</p>
<b>Media employed</b>	Video and Power Point Presentation.
<b>Reading list</b>	<ol style="list-style-type: none"> <li>1. Carson, V.B. (2000). <i>Mental Health Nursing: The nurse-patient journey</i>. (2th ed.). Philadelphia: W.B. Saunders Company</li> <li>2. Fortinash, K..M., &amp;Holoday W. P.A., (2006), <i>Psyciatric nursing care plans</i>, St. Louis, Mosby Your Book.</li> <li>3. Frisch N.,&amp; Frisch A. (2011). <i>Psychiatric mental health nursing</i>. 4 ed. Australia: Delmar CENGAGE learning</li> <li>4. Gail Williams, Mark Soucy. (2013). <i>Course Overview - Role of the Advanced Practice Nurse &amp; Primary Care Issues of Mental Health/Therapeutic Use of Self</i> . School of Nursing, The University of Texas Health Science Center at San Antonio</li> <li>5. Halter MJ. (2014). <i>Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach</i>. 7th edition. Saunders: Elsevier Inc.</li> <li>6. Marry Ann Boyd.(2002).<i>Psychiatric Nursing Contemporary Practice</i>, second edition.</li> <li>7. Nanda. (2005). <i>Nursing Diagnosis' definition &amp; Clasificatian</i>. Nanda International.</li> </ol>

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|  | <ol style="list-style-type: none"><li>8. Noren Cavan Frisch &amp; Lawrence E Frisch.(2007).<i>Psychiatric Mental Health Nursing</i>, third edition.New York:Thomson Delmar Learning.</li><li>9. Sheila L. Videbeck.(2011).<i>Psychiatric Mental Health Nursing</i>, fifth edition. Philadelphia:Wolters Kluwer, Lippincot William &amp; Wilkins.</li><li>10. Stuart, G.W.T., Keliat B.A., Pasaribu J. (2016). <i>Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart</i>. Edisi Indonesia 10. Mosby: Elsevier (Singapore) Pte Ltd.</li><li>11. Twosend, Mary C. (2009). <i>Psychiatric Mental Health Nursing: Concept of Care in Evidance Based Practise (6thEd)</i>. F.A. davis Company.</li></ol> |
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