

**Module Description: Psychiatric and Mental Health  
Nursing Practice**

<b>Module name</b>	Course Module
<b>Module level, if applicable</b>	Professional Nurse
<b>Code, if applicable</b>	17504R0203
<b>Subtitle, if applicable</b>	-
<b>Course, if applicable</b>	Psychiatric and Mental Health Nursing Practice
<b>Semester(s) in which the module is taught</b>	IX
<b>Person responsible for the module</b>	Andriani, S.Kep. Ns. M.Kes.
<b>Lecturer</b>	1. Dr. Ariyanti Saleh, S.Kp., MSi. 2. Hapsah, S.Kep., Ns., M.Kes. 3. Akbar Harisa, S.Kep., Ns., PMNC., MN
<b>Language</b>	Indonesian Language [Bahasa Indonesia]
<b>Relation to Curriculum</b>	This course is a compulsory course and offered in the 9 <sup>th</sup> semester.
<b>Type of teaching, contact hours</b>	Teaching methods used in this course are:  -BST, Pre-post conference, Reflective study, Nursing Round, One-Minute Preceptorship (OMP), Case Based Discussion.  - Structured assignments (i.e., case report)  The class size for lecture is approximately 80 students (20 students per periode)  Contact hours for lecture is 140 hours
<b>Workload</b>	For this course, students are required to meet a minimum of 140 hours in one semester, which consist of:  - 140 hours for fieldwork
<b>Credit points</b>	3 credit points (equivalent with 5.60 ECTS)
<b>Requirements according to the examination regulations</b>	Students must have attended all classes and submitted all class assignments that are scheduled before exam.
<b>Recommended prerequisites</b>	Students must have passed Communication in Nursing I, Communication in Nursing II, Psychiatric and Mental Health Nursing I and Psychiatric and Mental Health Nursing II courses.

<b>Module objectives/intended learning outcomes</b>	<p>After completing the course and given nursing process to a patient:</p> <p><b>Competence</b></p> <p><b>CLO1:</b>Students will able to formulate nursing care process for psychiatric and mental health nursing cases in hospital and community. (C1)</p> <p><b>CLO2:</b> Students will able to implementate nursing care process for psychiatric and mental health nursing cases in hospital and community. (C2)</p> <p><b>CLO3:</b> Students will able to implementate modality therapy on psychiatric and mental health nursing patient in hospital and community . (C3)</p> <p><b>Attitude</b></p> <p><b>CLO4:</b> Students will be able to show attitude with cultural sensitivity based on ethical principles and nursing legal aspects especially for psychiatric and mental health cases (A1)</p>
<b>Content</b>	<p>Students will learn about:</p> <ul style="list-style-type: none"> <li>- Nursing process of seven types of mental illness, patient with low self esteem, social isolation, self care deficit, delution, haluscination, suicide or violence in hospital and community setting).</li> <li>- Nursing process of patients with psychosocial illness, patient with anxiety, low self esteem, despair, lost and grieving in hospital and community.</li> <li>- Modality therapy</li> </ul>
<b>Forms of Assessment</b>	<ol style="list-style-type: none"> <li>1. Class attendance and participation (10%)</li> <li>2. Group presentation: 20%</li> <li>3. Clinical skill lab mastery: Simulating &amp; role play of nursing care by therapeutic communication for psychiatric and mental health cases: 40%</li> <li>4. Case report: 30%</li> </ol>
<b>Study and examination requirements and forms of examination</b>	<p><b>Study and examination requirements:</b></p> <ul style="list-style-type: none"> <li>- Students must attend 15 minutes before the clinical practice starts.</li> <li>- Students must switch off all electronic devices in fieldwork.</li> <li>- Students must inform the preceptors if they will not attend the clinical practice due to sickness, etc.</li> <li>- Students must attend all the clinical practices that are scheduled in fieldwork.</li> </ul> <p><b>Form of examination:</b></p> <ol style="list-style-type: none"> <li>1. Journal Reading : 5%</li> <li>2. Written Test (Competencies Test) : 10%</li> <li>3. DOPS (Direct Observation of Procedural Skills) : 20%</li> <li>4. SOCA (Student Oral Case Analysis): 20%</li> <li>5. CIR (Case Insident Report) :10%</li> <li>6. Case Report : 35%</li> </ol>
<b>Media employed</b>	<p>Video and PowerPoint Presentation.</p>
<b>Reading list</b>	<ol style="list-style-type: none"> <li>1. Burn, C.E., Dunn, A.M., Brady,M.A., Starr N.B., Blosser C.G. (2013). Pediatric Primary Care. 5th edition. Saunders: Elsevier Inc.</li> </ol>

2. Ball, J.W., Bindler, R.C., and Cowen, K.J., (2010). Child Health Nursing. Partnering with children and families (second edition). New Jersey, Pearson Education Ltd.
3. Hockenberry, M.J. & Wilson, D. (2013). Wong's Essentials of Pediatric Nursing. 9th edition. Mosby: Elsevier Inc.
4. Hockenberry, M.J. & Wilson, D. (2014). Wong's Nursing Care of Infant and Children. 10th edition. Mosby: Elsevier Inc.
5. Marcdante K.J., Kliegman R.M., Jenson H.B., Behrman R.E., IDAI (2014) Nelson Ilmu Kesehatan Anak Esensial, Edisi Indonesia 6. Saunders: Elsevier (Singapore) Pte Ltd.
6. Mott, S.R. et al, (1990). Nursing Care of Children and Families. Redwood city : Addison Wesley.
7. Pillitteri, A., (1999). Maternal & Child Health Nursing : Care of The Childbearing & Childrearing Family. Third Edition. Philadelphia : J.B. Lippincott.
8. Pott, NL. and Mandleco, BL., (2002). Pediatric Nursing : Caring for Children and Their Families. United State : Thomson Learning.
9. Carson, V.B. (2000). Mental Health Nursing: The nurse-patient journey. (2th ed.). Philadelphia: W.B. Sauders Company
10. Fortinash, K..M., & Holoday W. P.A., (2006), Pscyciatric nursing care plans, St. Louis, Mosby Your Book.
11. Frisch N., & Frisch A. (2011). Psychiatric mental health nursing. 4 ed. Australia: Delmar CENGAGE learning.
12. Gail Williams, Mark Soucy. (2013). Course Overview - Role of the Advanced Practice Nurse & Primary Care Issues of Mental Health/Therapeutic Use of Self . School of Nursing, The University of Texas Health Science Center at San Antonio.
13. Halter MJ. (2014). Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach. 7th edition. Saunders: Elsevier Inc.
14. Marry Ann Boyd.(2002).Psychiatric Nursing Contemporary Practice, second edition.
15. Herman, T.H. & Kamitsuru, S. (2014). NANDA International Nursing Diagnoses : Definition & Clasificatian, 2015 – 2017. Oxford : Wiley Blackwell.
16. Noren Cavan Frisch & Lawrence E Frisch.(2007).Psychiatric Mental Health Nursing, third edition.New York:Thomson Delmar Learning.
17. Sheila L. Videbeck.(2011).Psychiatric Mental Health Nursing, fifth edition. Philadelphia:Wolters Kluwer, Lippincot William & Wilkins.
18. Stuart, G.W.T., Keliat B.A., Pasaribu J. (2016). Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart. Edisi Indonesia 10. Mosby: Elsevier (Singapore) Pte Ltd.
19. Townsend, Mary C. (2009). Psychiatric Mental Health Nursing: Concept of Care in Evidence Based Practise (6thEd). F.A. davis Company.